



Karent Sierra

Gender: Female

Languages Known: English and Spanish

Height: 168cm/5ft 6inch

Weight (lbs): 127

Hair Color: Brown

Hair Length: Long

Skin Color: Medium

Eye Color: Brown

Dress Size: 2

Shoe Size: 8

Gallery:







Biography:

Born in New York City and raised

in Miami, Karent is a prime example of a Latina who embraces her Colombian roots while also maintaining a strong American identity. She's outgoing, thoughtful and charismatic! Her love for life, fuels her passion for travel making her a bonafide globetrotter. Karent is a huge animal lover who often volunteers for the Humane Society to help our furry friends find forever homes. Sierra is known to many for her role as a cast member in Bravo's *The Real Housewives of Miami*. But what many don't know is that she's been in the entertainment industry since she was 18. First as a beauty queen and then later appearing in several soap operas and commercials.

Currently, Karent is the host for *BELatina* on Lifetime Television. The show celebrates Latino diversity, covering topics such as food, fitness and finance. The series serves up content that

celebrates the monumental cultural shift across the country; showcasing women's individuality and multicultural diversity, to create even more space for the evolution of Latina/Afro-Latinx empowerment across multiple themes and channels.

Dr. Karent Sierra also has a passion for helping people that are less fortunate, she is the founder of Sharing Smiles. The foundation is a philanthropic organization that assists underprivileged families by providing dentistry services, medical supplies and hygiene items. She has traveled to Kenya, India, Guatemala, Colombia and Venezuela on her mission to provide a lifelong road to healthy oral care.